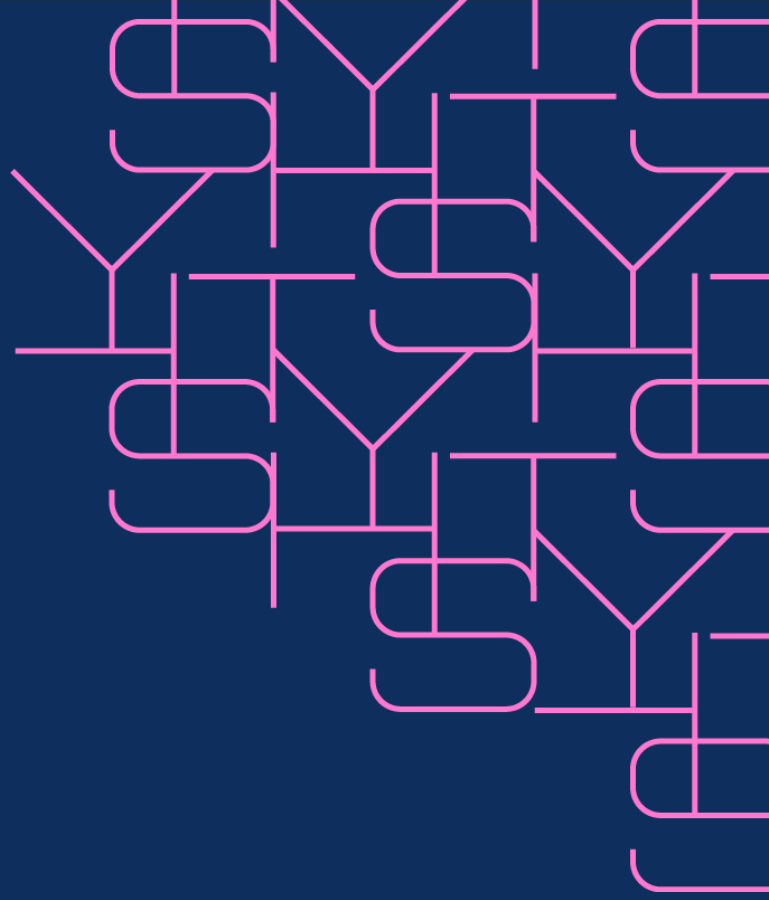


Welcome to FSHS's services

Katarina Holm, Tina Lagström

8/2026





Our services:

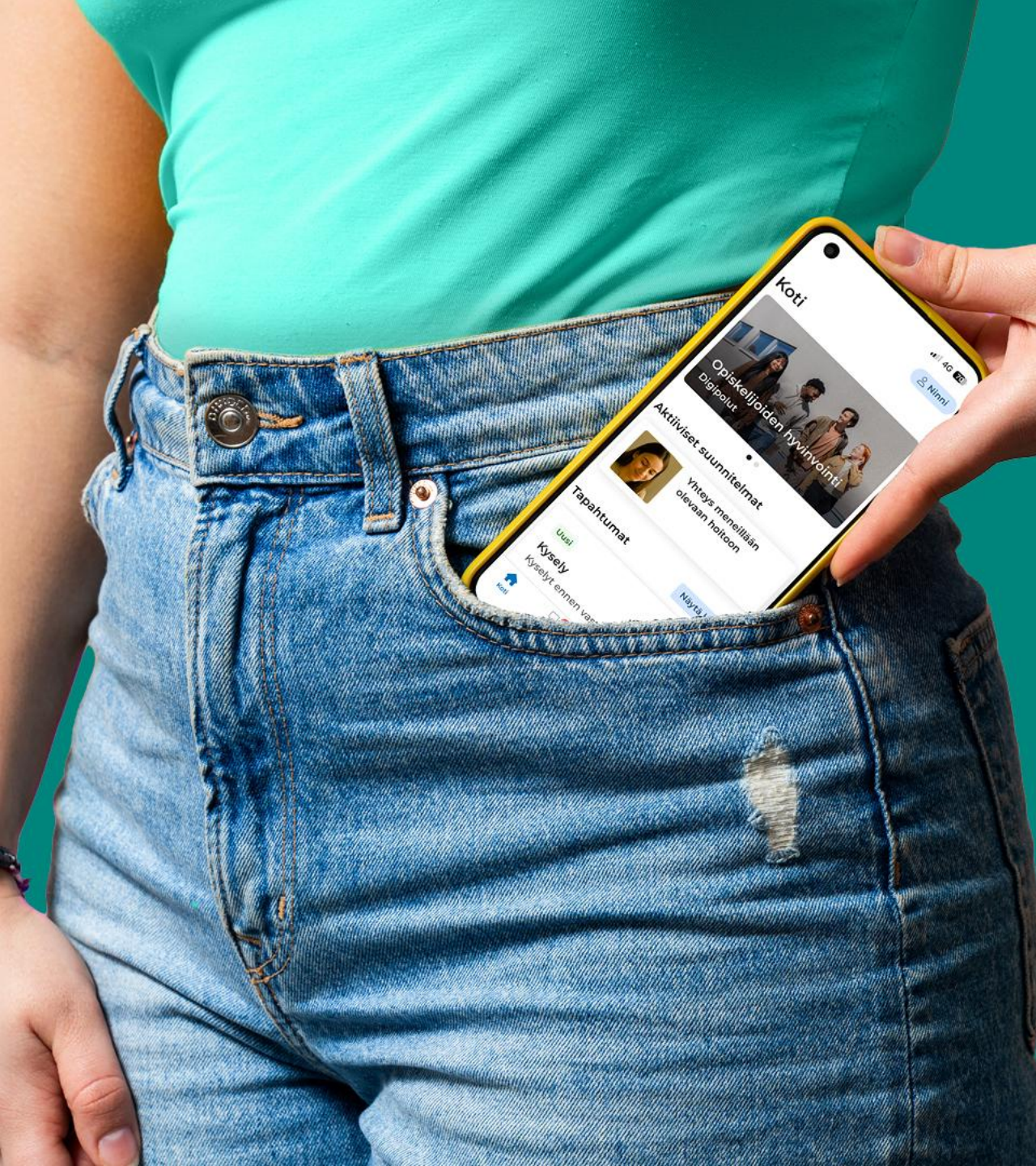
- General and mental health services
- Oral health services
- Promoting the well-being of higher education communities
- Health promotion

Contact the
assessment of need
for treatment team:

- In YTHSDigi via
digital chats
- Via our national
service numbers

Read more
yths.fi/contactfshs





Your health in your pocket

Download the app to take
care of any health issues
direct on **YTHSDigi**.



YTHSDigi Features



User
profile



Chat with
Symptom
assessment



Digital paths



Contact forms



Secure
communications



Video
appointments



Appointments
And booking
permissions

Hanna-Mari

How can we help you?



Chat services



Service forms



Digital paths

Home

Chat
services

Digital
paths

Profile



You'll receive the HealthStart questionnaire in YTHSDigi.

After completing the questionnaire, you'll receive feedback on the state of your health.

More information:
yths.fi/healthstart



Pay the healthcare fee for students in higher education to Kela for each semester unprompted.

Please note the exceptions to the fee, if you have social security coverage from another EU/EEA country, Switzerland, Great Britain or Northern Ireland.

See Kela's instructions:
kela.fi/healthcare-fee



Finnish personal identification number

Once you have received your Finnish personal identity number, please contact the student office at your higher education institution to update your information with the FSHS.





Local general health
services
(first, contact the assessment of
need for treatment team)

Service unit:
FSHS Vaasa, Alere

Address:
Wolffintie 27-31
65200 Vaasa

Opening hours of the service unit:
Mon–Thu 8 am–3 pm
Fri 8 am–2 pm

yths.fi/en/service-units





Address: Alere 4th floor
Wolffintie 27-31
65200 Vaasa



FSHS Entrance

Local general health services:
(Doctors)
Public Health Nurses
Physiotherapists
Psychiatric Nurses

Secretary office
Opening hours:
Mon-Fri 8 am-10 am





Local oral and mental health services
(first, contact the assessment of need for treatment team)

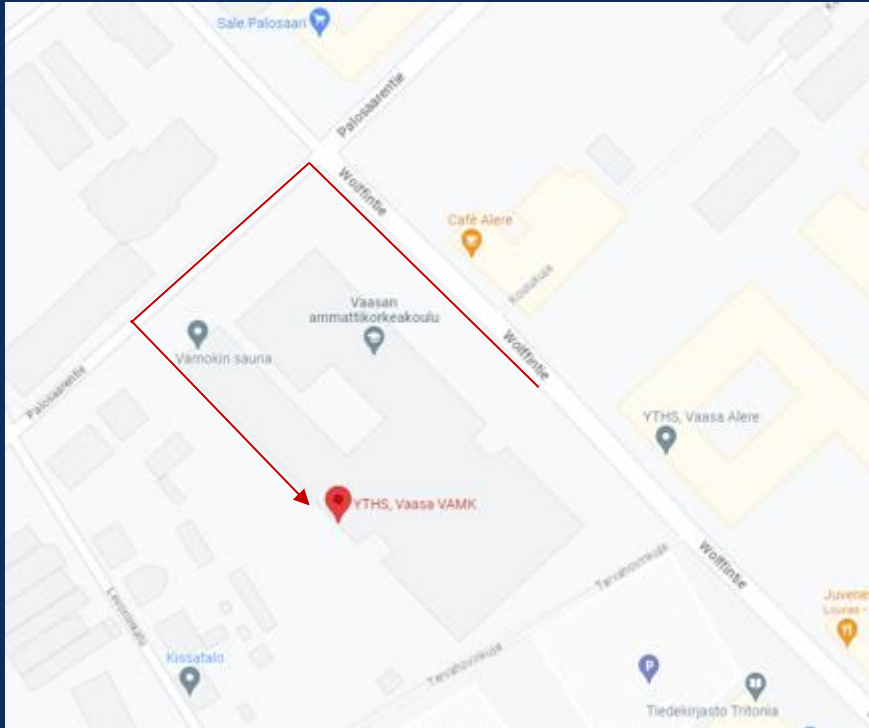
Service unit:
FSHS Vaasa, VAMK

Address:
Wolffintie 30
65200 Vaasa

Opening hours of the service unit:
Mon–Thu 8 am–3 pm
Fri 8 am–2 pm

yths.fi/en/service-units





Entrance from the backyard



Local oral and mental
health services:
Dentists
Dental nurses
Oral hygienist



Address: VAMK
Wolffintie 30
65200 Vaasa

Psychologists
Psychiatrist

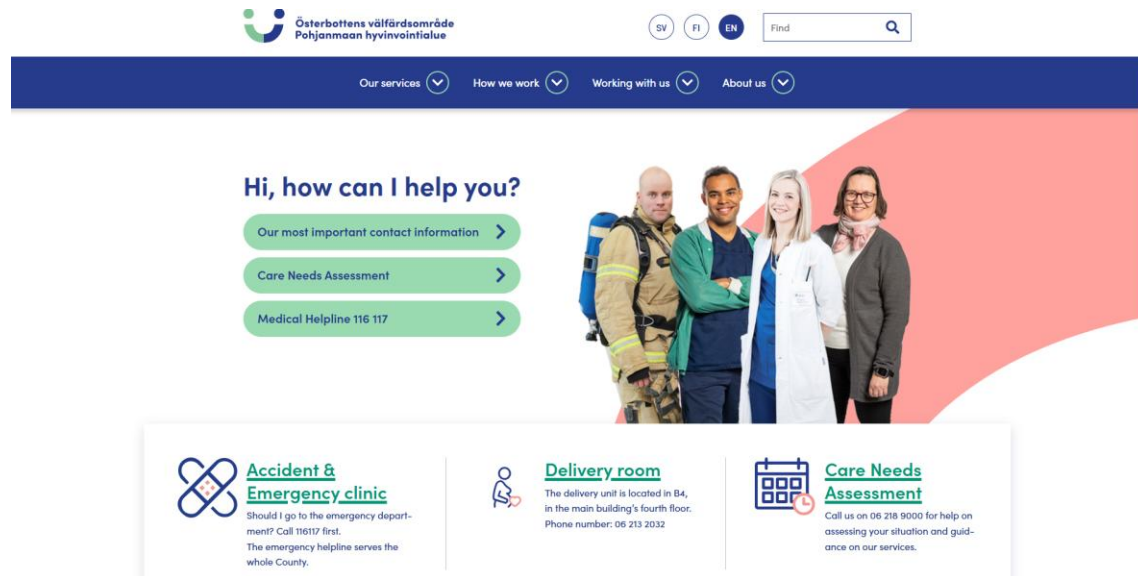


Urgent treatment and emergency services

The FSHS does not provide emergency care. If you need urgent medical assistance, please contact your local emergency services.



The Wellbeing Services County of Ostrobothnia



- Local health center
- The Accident Emergency department, during out of office hours (after 15:00)
- Call the **Medical Helpline 116 117** before you consider going to the A&E department
- Psychiatric nurse helpline 24/7 06213 2009
- For urgent dental care, call 06 218 9100
- Emergency **112**



Familiarize yourself more closely with our services and instructions on how to use them on our website fshs.fi.

You can also follow us on social media.

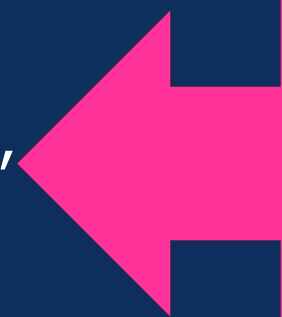


Prevention of infectious diseases and vaccinations



Vaccinations and tuberculosis screening

- Free vaccinations following the Finnish vaccination program
- Please find out before your arrival what vaccinations you have received and when you got them
 - Bring the vaccination documents with you to Finland.
- If you have any questions regarding your vaccinations, or if you have not got any vaccinations in your adulthood, please contact FSHS.
- If you arrive from a high risk country of tuberculosis, please contact FSHS
 - Tuberculosis screening (Chest X-ray)



These include
Africa, Asia and
Armenia, Georgia,
Moldova,
Romania, Ukraine,
Belarus and
Russia in Eastern
Europe

Health Check-Up

Remember to arrange your health check-up and infectious disease screenings well in advance so that everything is completed before your first clinical practice.



Good luck with
your first
academic year!



Thank you!

