

ICT-service information

Exchange students / January 2026

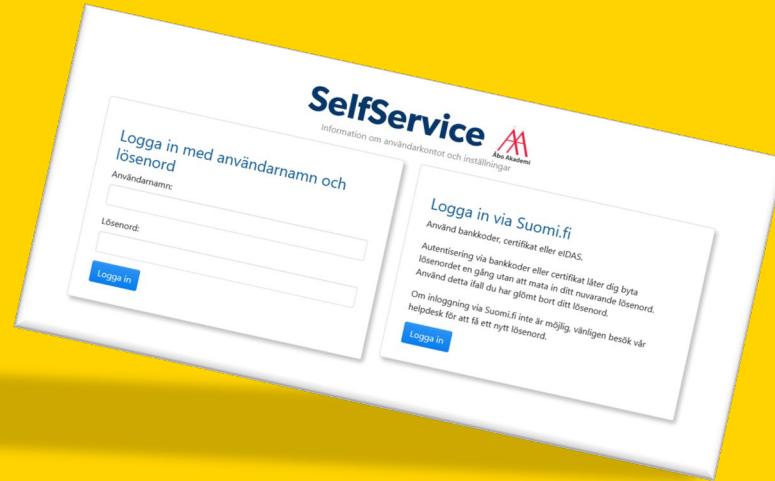


Start by activating your user account

2026-01-14

SelfService

- Webaddress: **selfservice.abo.fi**
- **Use SelfService for:**
 - Activating your user account
 - **Changing your password**
 - **If you forgot your password you can log into SelfService with Finnish bank codes, mobile certificate, or eIDAS**



Take care of your password!

- Create a new password that you don't use elsewhere
- **Never give your password to anyone, including anyone at ICT Services!**
 - Stay alert for scam emails or calls that ask for your password
- Create and change your password at selfservice.abo.fi



2026-01-14

Install Microsoft Authenticator

- Required for logging in on the intranet, among other things. Install it on your smartphone ASAP
- Download the [**Microsoft Authenticator**](#) app from Google Play Store / Apple App Store
- Add a few multifactor authentication options (iPad, SMS) as backup if you get a new phone, for example
 - Log in: **firstname.lastname@abo.fi** and your **AA** password



**Microsoft
Authenticator**

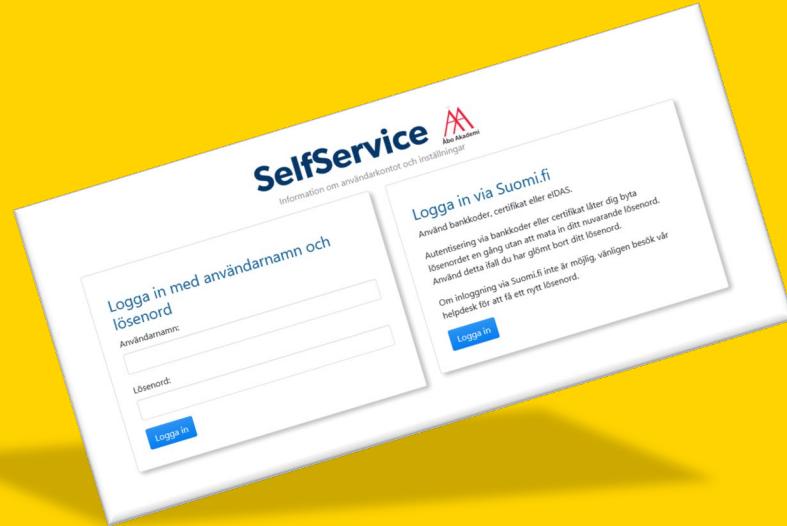
Microsoft Corporation

← Google Playstore
Apple App Store →



Microsoft Authenticator
Protects your online identity
★★★★★ 2.6K

MFA issues



- If you forgot your phone at home:
 - Log into SelfService and get a one-time code
 - You can verify your identity through Selfservice when you get a new phone and install Microsoft Authenticator again

Do the information security test

- **A mandatory security test for everyone**
 - Web address: infosecmoodle.abo.fi
- **Everyone has to take the test once a year**
 - If you do not complete the test in time your account will be closed





ÅA email

Use your abo.fi address when in contact within the university

Read your mail

- **Using your web browser**
 - **exchange.abo.fi**
 - Log in: **firstname.lastname@abo.fi** and your **ÅA password**
- **App on your computer**
 - Outlook
 - **NOTE! Don't use Outlook (New)**
- **App on your smartphone**
 - Default mail app, do not use the Outlook app



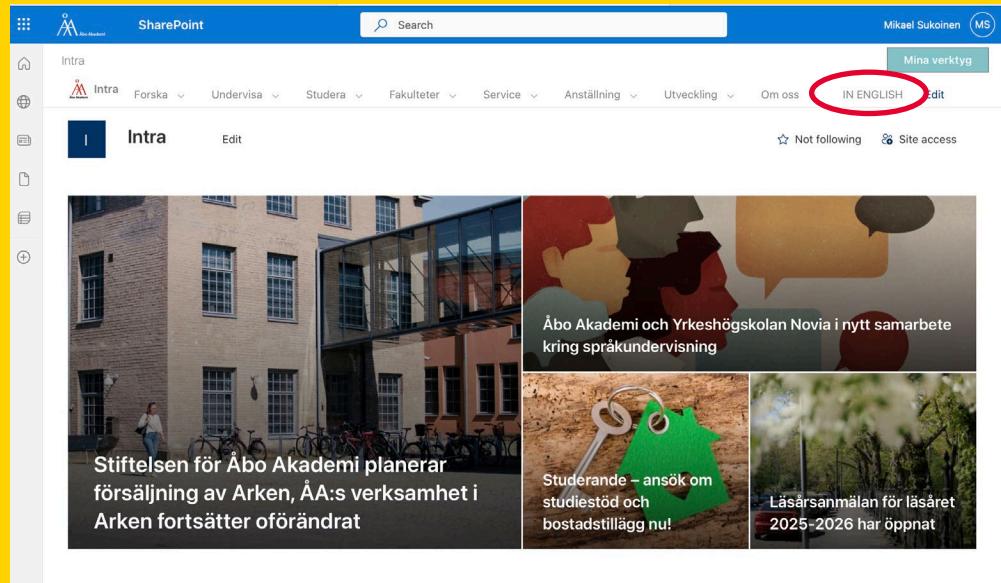
Copy and print

- **Copying and printing costs**
 - Every student gets 400 credits for printing (400 pages A4 black and white)
 - Printing in colour costs more credits
 - You get more credits each year
 - You can buy more credits if you run out
- Print out from a ÅA computer or computer class



intra.abo.fi

- Guides
- FAQ
- News
- Office software
- ICT Helpdesk opening hours



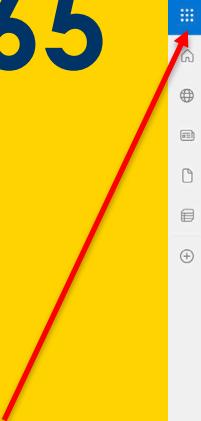
Microsoft 365

- Students have a Microsoft 365 license tied to their ÅA account Microsoft 365 (Word, Excel, Powerpoint, OneNote, Teams)
- You can install the Office package from the intranet: intra.abo.fi
- The license is valid as long as you study at ÅAU



Office365

Word, PowerPoint...



SharePoint

Search in SharePoint

Intra EN

Intra EN Research Teaching Study Faculties Service Employment Development About us PÅ SVENSKA Edit

IE Edit

Not following Site access

Students – Apply for Student Financial Aid and Housing Supplement Now

Annual enrollment for 2025–2026 is open

News for students

Professorial inauguration at Åbo Akademi University, Turku 26 September 2025

News for personnel

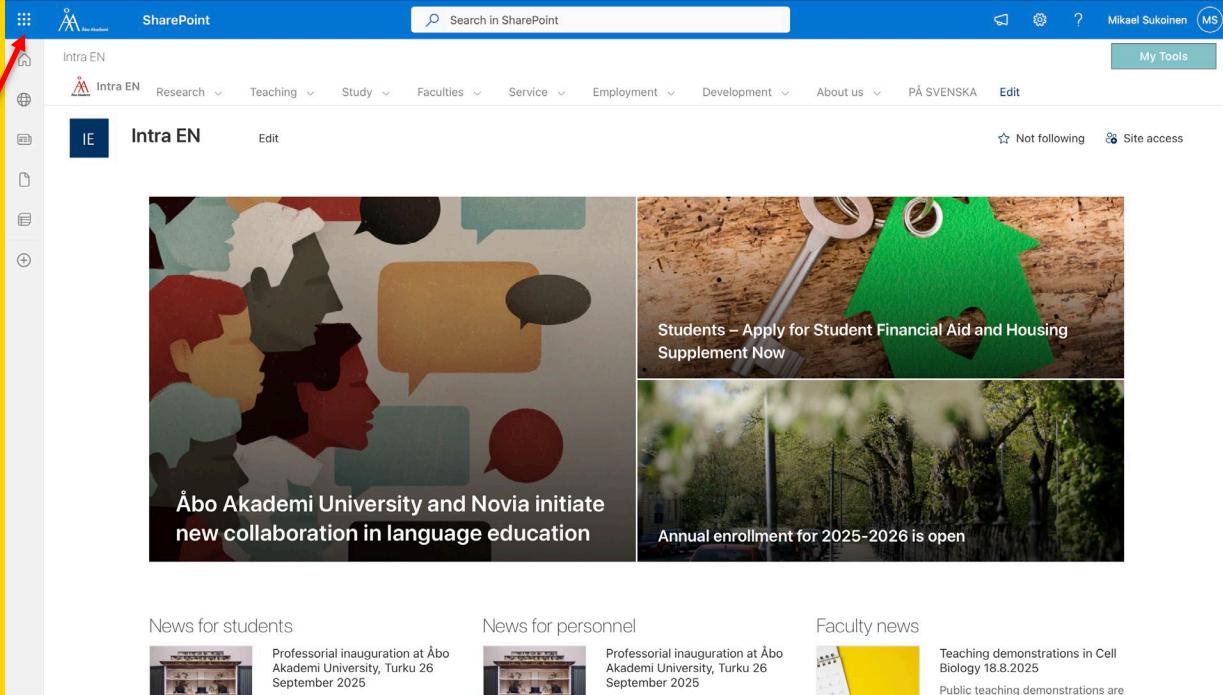
Professorial inauguration at Åbo Akademi University, Turku 26 September 2025

Faculty news

Teaching demonstrations in Cell Biology 18.8.2025

Public teaching demonstrations are

Åbo Akademi



OneDrive

- All students have access to Microsoft OneDrive
 - Web address: **office.com**
 - Log in: **firstname.lastname@abo.fi** and your **ÅA password**
- **512GB quota**
- Remember to save your files before you leave Åbo Akademi University



Teams

- Chat software, also used for some distance lectures and meetings
- Log in: **firstname.lastname@abo.fi** and your **ÅA password**

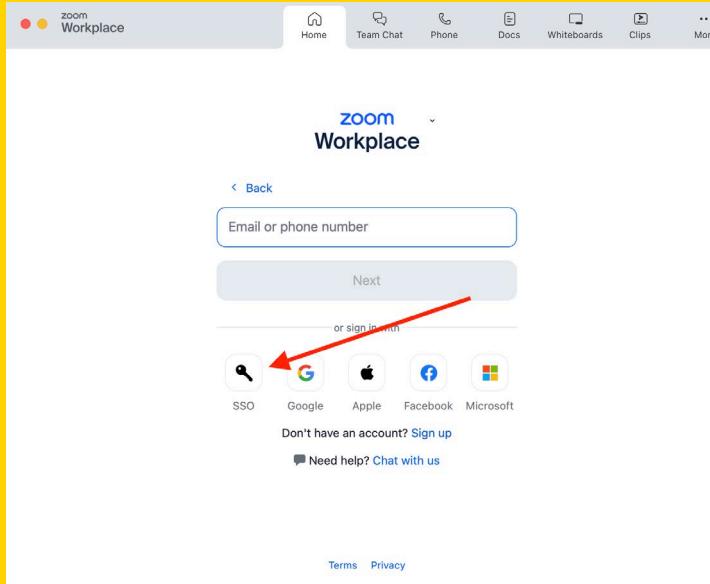


Zoom

- Used for some distance lectures and meetings
- Login through SSO
 - Company Domain: **aboakademi**
 - Log in: **username and AA password**



Zoom login



Sign In With SSO

Enter your company domain.

Company Domain
aboakademi .zoom.us

Help 

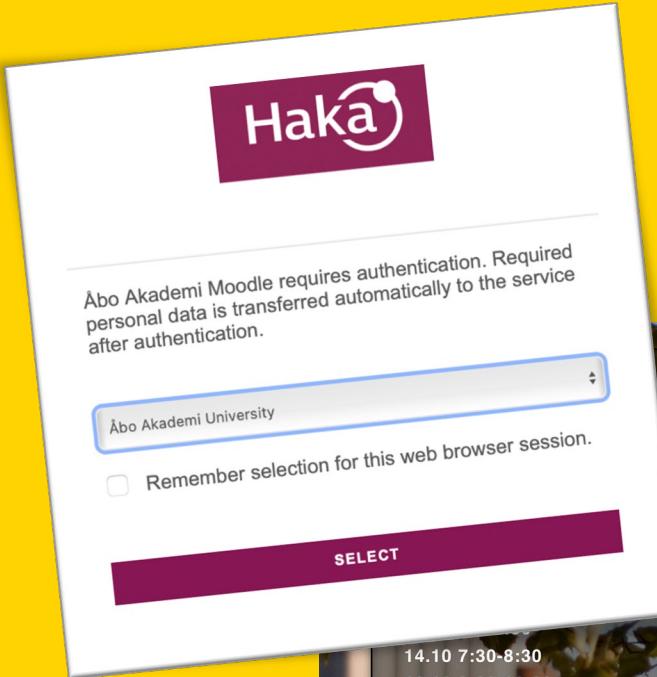
Continue

I don't know the company domain

Moodle

Course platform

moodle.abo.fi



The screenshot shows the Abo Akademi Moodle homepage. The header features the text "Akademis Moodle" and "Åbo Akademi University". Below the header, there is a section titled "Upcoming" with a list of dates and times: "14.10 7:30-8:30", "16.12 8:00-10:00", "17.2 7:30-8:30", "28.4 7:30-8:30", and "16.6 8:00-10:00". At the bottom of this section is a blue button labeled "Instruktioner/Instructions". To the right of the main content is a sidebar with the Åbo Akademi logo, a "Logga in med / Log in with" section featuring a "HAKA/ÅA Login" button, and links for "Extra account login" and "Privacy policy". At the bottom of the sidebar, there is a note about login problems: "Problem med inloggning/Problems with login: helpdesk@abo.fi" and "Moodle-stöd/Moodle support: elarande@abo.fi".

Peppi

Planning courses, study records

studie.abo.fi

HOME PAGE CREDITS CALENDAR STUDIES E-CERTIFICATES STUDERA UTOMLANDS EN Mikael Sukonen

Messages

Peppi updates are scheduled on the third Tuesday of the month from 16.20-20.00pm. During this time, there may be disruptions in service. Please contact peppi@abo.fi if you have any questions concerning Peppi, or want to report problems with Peppi.

Student's working space

Welcome to Peppi the student's working space! Below you can access information about your studies and plan your studies. You can read more about studies at Åbo Akademi University on the intranet. Here is a link to the intranet.

Please note that you may access the information about your different study entitlements (if you have more than one), by changing your study entitlement under your name in the top right corner. The first time you log in we kindly ask you to check your study records and personal data under "Profile". If you find any mistakes, which you are not able to correct yourself, please contact the Student services (studinfo@abo.fi).

The service has been developed so that it can also be used from a mobile device.

My Study plan
This is your study plan. Plan your studies on your own or together with your dedicated teacher or study adviser.

Study records
Here you can see your study records.

Calender
Here you can see the bookings for your courses and also make certain room reservations.

Profile
Your contact details and other information stored in the registry.

R
Term registration
Here is a link to the term registration for the academic

C
Cross-institutional studies
Apply for cross-institutional studies at another Finnish

E
Course evaluation
Here you can evaluate courses that your teachers have

S
Study abroad
Apply for student exchange. You find more information

Tuudo

Schedule, maps, library card, lunch menus, crisis alerts

App Store / Play Store



The image shows the Google Play Store page for the Tuudo app. The page includes the app's logo, developer information, ratings, download count, PEGI rating, and download buttons.

Google Play Sovellukset

Tuudo

Tuudo Ltd
Sisältää mainoksia

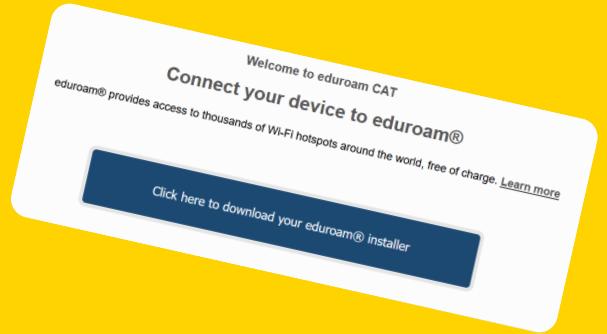
2,9★ | 557 arvostelua | 100 t. + latausta | 3 | PEGI 3

Asenna | Jaa | Lisää toivelistaan



Wifi

- Eduroam is available in ÅAU's buildings
- First, download and install eduroam Configuration Assistant Tool (eduroam CAT)<https://cat.eduroam.org/>
- Connect with your ÅA user name
 - SSID: **eduroam**
 - Inloggning: **username@abo.fi** och ÅA lösenordet



ICT Helpdesk

- **Start with guides and FAQ on the intranet, if the problem is not solved, you can reach us:**
- **Through email:** helpdesk@abo.fi
 - Describe your problem as accurately as you can
 - Attach possible error messages
 - Attach screenshots
- **By visiting the help desk**
 - Åbo: Astra, Porthansgatan 3, 2nd floor.
 - Vasa: Academill, Strandgatan 2, B-house/3rd floor, room B312



How do I log in to...?

- Outlook / Exchange = firstname.lastname@abo.fi
- O365, Intranet, Teams = firstname.lastname@abo.fi
- Moodle = username
- Peppi = username
- ÅA computers = firstname.lastname@abo.fi
- Wifi eduroam = username@abo.fi
- VPN = firstname.lastname@abo.fi
- Haka = username



Remember these:

intra.abo.fi – info, guides, Office365

exchange.abo.fi - email

moodle.abo.fi – learning platform

selfservice.abo.fi – change your password

infosecmoodle.abo.fi – infosäkerhetskursen

studie.abo.fi – register for courses, check study credits etc

Tuudo app (iphone/android) – schedule, library card etc

Eduroam Wifi – <https://cat.eduroam.org/>

