ICT-service information

For new students spring 2026
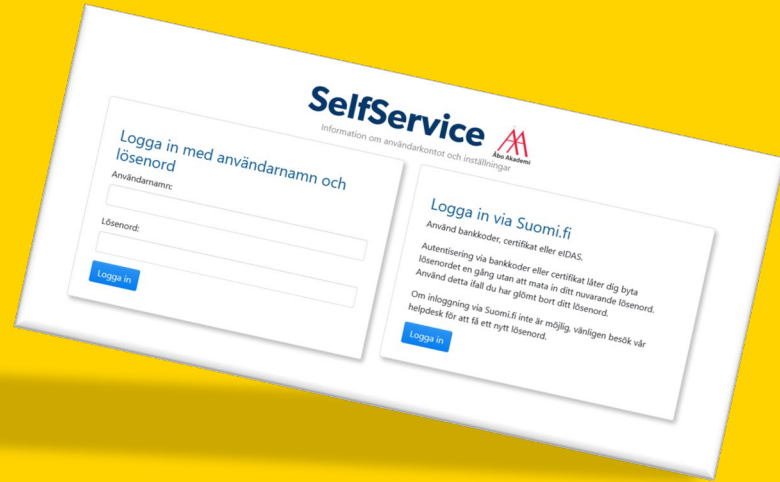
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Start by activating your user account

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Selfservice

- Web address: **selfservice.abo.fi**

- **Use Selfservice for**:
  - Activating your user account
  - **Changing your password**
    - **If you forgot your password you can log into Selfservice with your bank account, mobile certificate, or eIDAS**

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Take care of your password!

- Create a new password that you don't use elsewhere

- **Never give your password to anyone, including anyone at ICT Services!**
  - **Stay alert for scam emails or calls that ask for your password**
- **Create and change your password at selfservice.abo.fi**

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Install Microsoft Authenticator

- Required for logging in on the intranet, among other things. Install it on your smartphone ASAP

- Download the **Microsoft Authenticator app from** Google Play Store / Apple App Store

- Add a few multifactor authentication options (iPad, SMS) as backup if you get a new phone, for example

  - Log in: **firstname.lastname@abo.fi** and your **ÅA password**

Microsoft
Authenticator
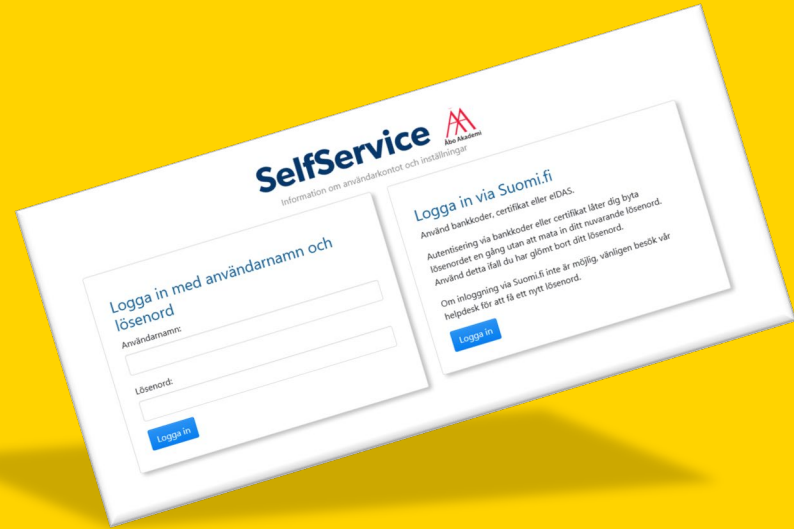Microsoft Corporation

← Google Playstore
Apple App Store →
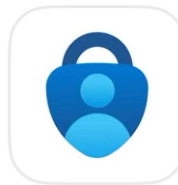
Microsoft Authenticator
Protects your online identity
★★★★⯪ 2.6K

MFA issues

- If you forget your phone at home:
  - Log into Selfservice and get a one-time code
  - You can verify your identity through Selfservice when you get a new phone and install Microsoft Authenticator again

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Do the information security test

- **A mandatory security test for everyone**
  - Web address: **infosecmoodle.abo.fi**

- **Eveyrone has to take the test once a year**
  - If you do not complete the test in time your account is closed

ÅA email

Use your abo.fi address when in contact witihin the Academy

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Read your mail

- **Via browser**
  - **exchange.abo.fi**

  - Log in: **firstname.lastname@abo.fi** and your **ÅA password**

- **App on your computer**
  - Outlook default mail appen
  - **NOTE! Don't use** Outlook (New)

- **App on your smartphone**
  - Default mail app, do not use the Outlook app

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Copy and print

- **Copying and printing costs**

  - Every student gets 400 credits for printing (400 pages A4 black and white)

  - Printing in colour costs more credits

  - You get more credits each year

  - You can buy more credits if you run out

- Print out from a ÅA computer or computer class

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intra.abo.fi

- Guides
- FAQ
- News
- Office software
- ICT Helpdesk opening hours

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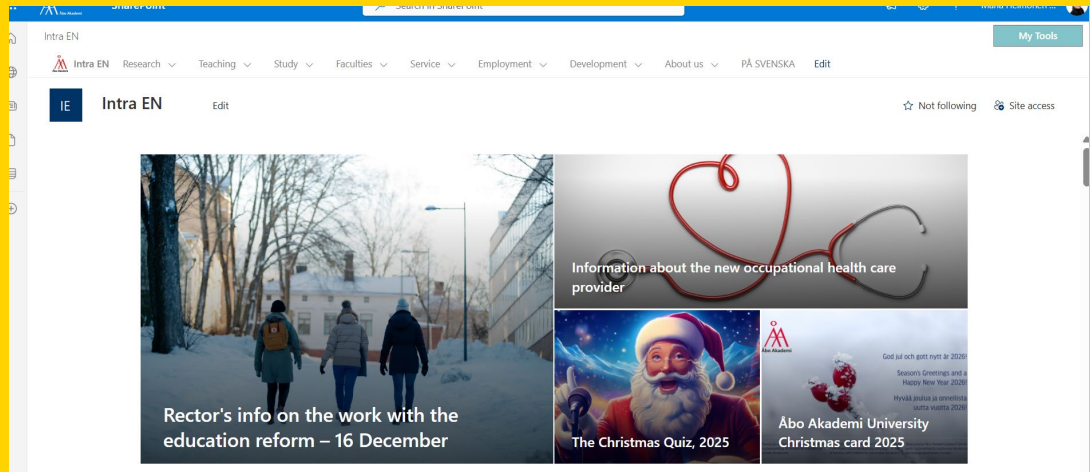
Microsoft 365

- Students have a Microsoft 365 license tied to their ÅA account Microsoft 365 (Word, Excel, Powerpoint, OneNote, Teams)

- You can install the Office package from the intranet: intra.abo.fi

- The license is valid as long as you study at ÅAU

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Office365

Word, PowerPoint…
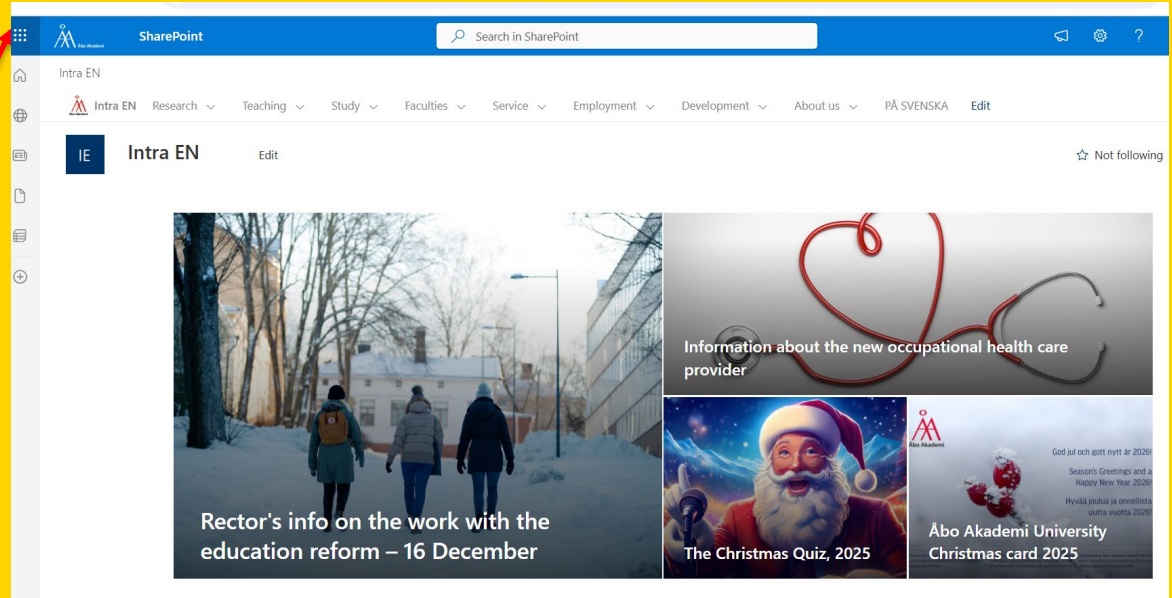
OneDrive

- All students have access to Microsoft OneDrive
    - Web address: **office.com**
    - Log in: **firstname.lastname@abo.fi** and your **ÅA password**

- **512GB quota**

- Take care of your files when you leave Åbo Akademi University

Teams

- Chat software, also used for some distance lectures and meetings
- Log in: **firstname.lastname@abo.fi** and your **ÅA password**

Zoom

- Used for some distance lectures and meetings

- **Login through SSO**
  - Company Domain: **aboakademi**
  - Log in: **username and ÅA password**

Zoom login
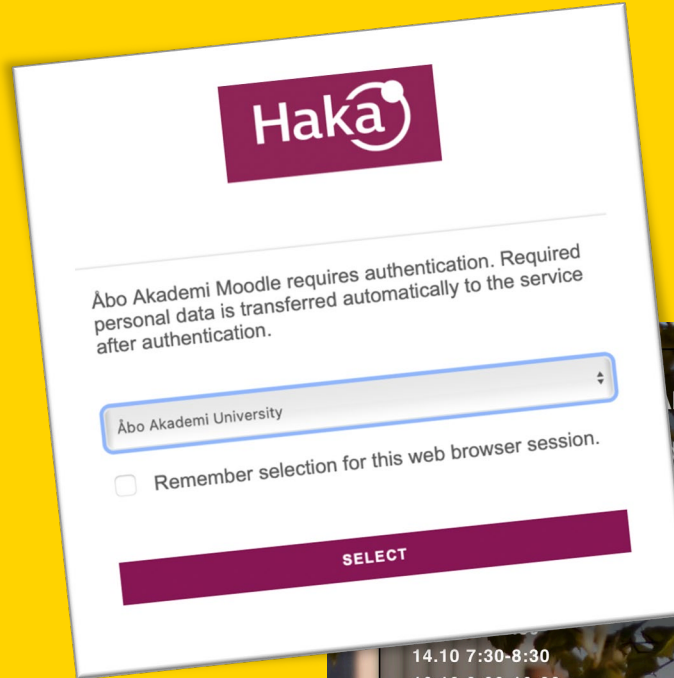
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Moodle

Course platform

moodle.abo.fi

Peppi

Planning courses, study records

studie.abo.fi

Tuudo

Schedule, maps, library cards, crisis alerts

App Store / Play Store

Google Play   Pelit   **Sovellukset**   Kirjat   Lapset

Tuudo

Tuudo Ltd
Sisältää mainoksia

2,9★   100 t.+   3
557 arvostelua ⓘ   latausta   PEGI 3 ⓘ

Asenna   Jaa   Lisää toivelistaan

TUUDO
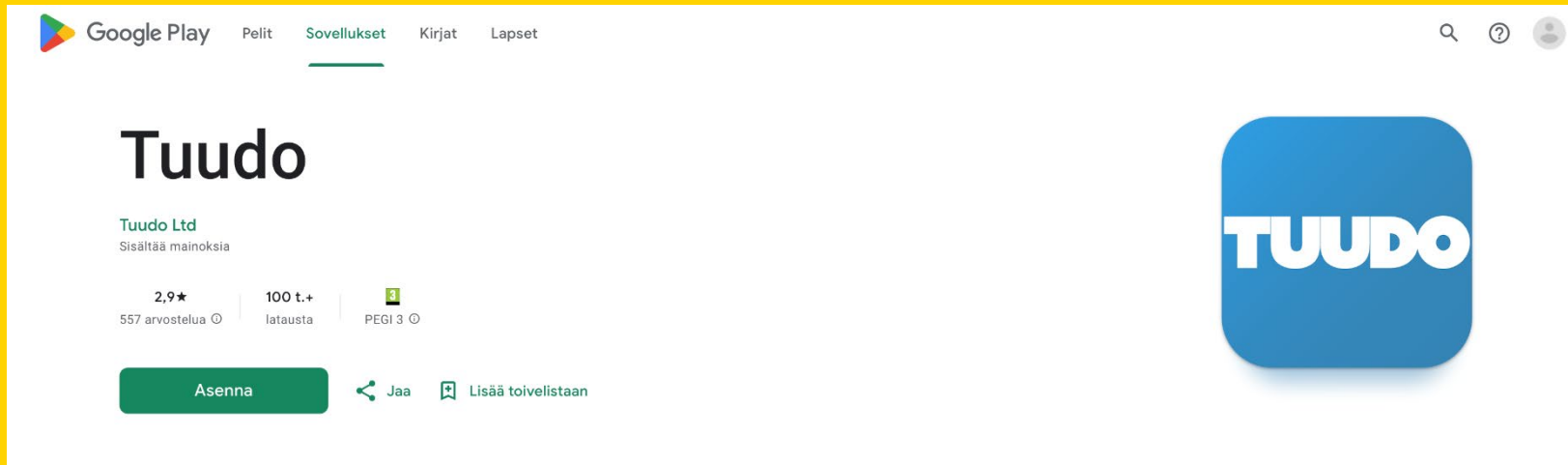
Wifi

- **Eduroam is available in ÅAU's buildings**

- **First, download and install eduroam Configuration Assistant Tool (eduroam CAT)**https://cat.eduroam.org/

- Connect with your **ÅA user name**
  - SSID: **eduroam**
  - Inloggning: **username@abo.fi** och **ÅA lösenordet**

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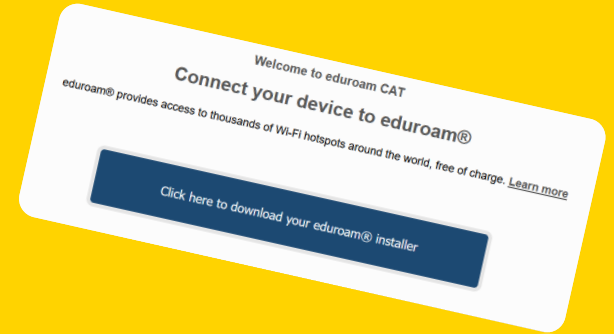
ICT Helpdesk

- **Start with guides and FAQ on the intranet, if the problem is not solved, you can reach us:**

- **Through email:** helpdesk@abo.fi
  - Describe your problem as accurately as you can
  - Attach possible error messages
  - Attach screenshots

- **By visiting the help desk**
- Åbo: ASA-huset, Fänriksgatan 3B, aulan i B-huset, rum B122
  - Vasa: Academill, Strandgatan 2, B-husets tredje våning, rum B312

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How do I log in to...?

- Outlook / Exchange = firstname.lastname@abo.fi

- O365, Intranet, Teams = firstname.lastname@abo.fi

- Moodle = username

- Peppi = username

- ÅA datorer = firstname.lastname@abo.fi

- Wifi eduroam = username@abo.fi

- VPN = firstname.lastname@abo.fi

- Haka = username

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Remember these:

intra.abo.fi – info, guides, support, Office365

exchange.abo.fi - mail

moodle.abo.fi – course platform

selfservice.abo.fi – change password

infosecmoodle.abo.fi – info security course

studie.abo.fi – study planning, study results

Tuudo appen (iphone/android) – timetabel

Eduroam Wifi– https://cat.eduroam.org/

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