

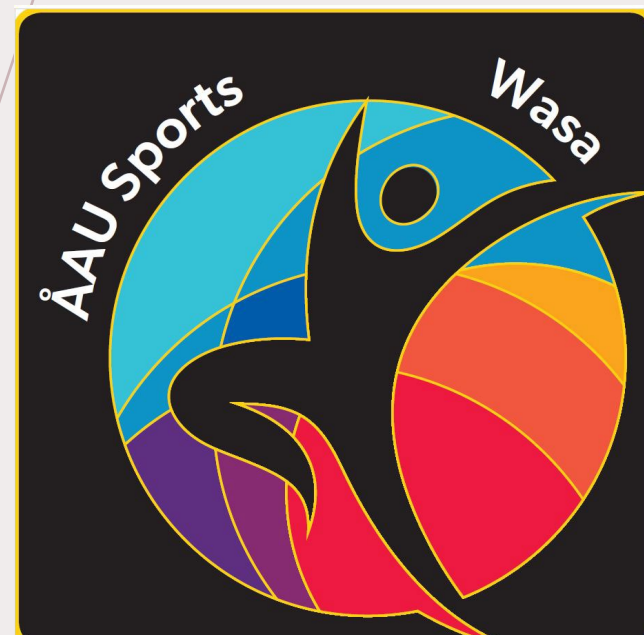
FEEL GOOD AT ÅBO AKADEMI UNIVERSITY

- Restroom will be moved to F411 in middle of January
- Bemer-madrass in F2-corridor
- Quiet / Prayer room in F2
- [Break Pro](#)
- Join ÅAU Sports





2025-2026



**ÅAU
SPORTS**

WHAT IS ÅAU SPORTS?



An organization that organizes exercise and other wellness events for students and staff at

- Åbo Akademi University
- Novia University of Applied Sciences
- Hanken School of Economics
- And also in cooperation with Vaasa University



COST FOR STUDENTS

- Whole academic year 1.9-31.8 70€
 - Autumn 45€
 - Spring 50€
 - Summer 40€
-
- Register via QR-code

Schedule 2025-2026

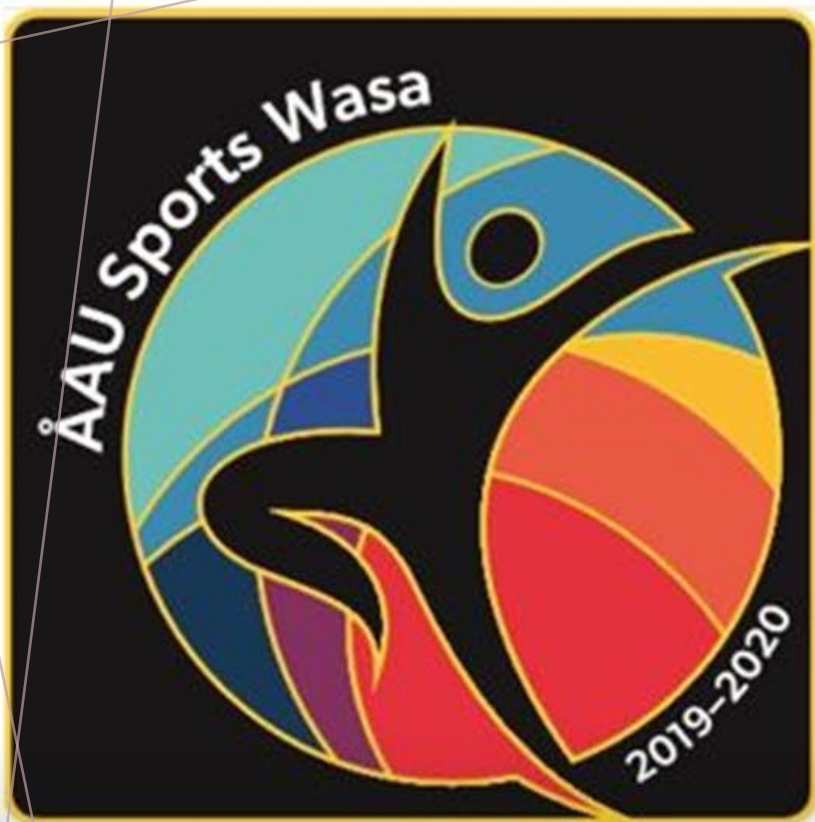
- Some activities is already going
- Most activities starts week 3



OTHER BENEFITS

CHECK AAU SPORTS
BLOG





OVERALL PATCH 25-26

INSPIRED BY KAJ'S SONG "BARA
BADA BASTU" IN THE
EUROVISION SONGCONTEST.



HAPPENINGS

Courses (intro-course in climbing, self-defense, swimming-technique, dance...)

- Hiking
- Winterbath
- Kayaking
- Bowling
- Cross country skiing (if possible)



VAR FÅR JAG INFO?



[ÅAU Sports blog](#)



Via mail,when you
are a member



[Instagram](#)



Via whatsapp



CONTACT

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- På plats / at the office:
- Tuesdays kl. 9-14.30
- wedensdays kl. 9-14.30
- Thursdays kl. 9-14.30