

THE STUDENT UNION

OF ÅBO AKADEMI
UNIVERSITY





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ÅBO 2025



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ELLEN IJÄS



Service Expert in Vasa,
Harrassment Contact Person
AMANDA EHN



Service Expert in Åbo,
Real Estate Coordinator
NORA MÖLLER

**WHAT DO YOU
GET FROM YOUR
MEMBERSHIP?**





HELP AND SUPPORT

- Harrassment, discrimination or inappropriate treatment in studies or student life
 - Harrassment Contact Persons: Amanda Ehn & Ellen Ijäs
 - trakasseribud@studentkaren.fi
 - Professional secrecy!

- **No problem is too small and no question needs to go unanswered**
- Problems with a course, lecturer, grading or support services
 - Students' Rights Expert: Ellen Ijäs
 - hs_karen@abo.fi





RIGHT TO STUDENT CARD

- **Benefits and student discounts**

- VR, Matkahuolto etc.
- Movies, theater, stores
- Student Lunch

- **Digital or physical**

- Frank, Tuudo, Kide etc.
- Physical cards require a sticker
 - Get it from the Student Union offices in Åbo and Vasa





ADVOCACY WORK

- We work to ensure students have a great time during their studies
- We regularly meet with
 - Rector
 - Deans
 - Politicians

- Concrete examples of advocacy work:
 - Municipal Election
 - ÅAU's buildings
 - Lunch break





STUDENT LUNCH

- Is a part of the student benefits
- ÅAS lunch restaurants Kårkaféerna:
 - Arken
 - Asa
 - Aurum
 - Kåren

- 2,95 € for ordinary lunch when you show your student card
- Also late lunch in Aurum
- If you do not have a student card yet:
 - Show the receipt for the Student Union membership fee + ID





STUDENT CULTURE, Åbo





STUDENT CULTURE, Vasa





STARTING PACKAGE, Åbo

- Price 70 € (of these 50 € are a deposit, which you will get back if you return all the items clean and in good condition)
- More information:
 - <https://www.tyy.fi/fi/starting-package-storage>

- Starting packages with a few essentials:
 - Pillow, blanket, utensils, glass, flatware...
- Offered by all the Student Unions in Åbo, organised by TYY





STARTING PACKAGE, Vasa

- Price 80 € (of these 60€ are a deposit, which you will get back if you return all the items clean and in good condition)
- Can be rented for maximum of twelve months

- Starting packages include essentials:
 - Pillow, blanket, utensils, glass, flatware...
- More information:
- <https://studentkaren.fi/en/students/service/starting-package/>



WHERE IS THE STUDENT UNION?

ÅBO & VASA





KÅREN

- The Student Union office at Kåren (Tavastgatan 22)
- Up the stairs and the door on your left
 - Limited accessibility (stairs)

- Service Point
 - Get a free calendar (mainly in Swedish), buy overall patches, get a student card sticker, ask questions etc.
 - **Open during September: Mon–Thurs kl. 12 p.m.–3 p.m.**





HAVTORNEN

- Service Point
 - Get a free calendar (mainly in Swedish), buy overall patches, get a student card sticker, ask questions etc.
 - **Open Monday and Thursday 12 p.m.– 3 p.m.**

- The Student Union Office in Havtornen (Strandgatan 2)
- 4th floor
 - Limited accessibility, but there is an elevator

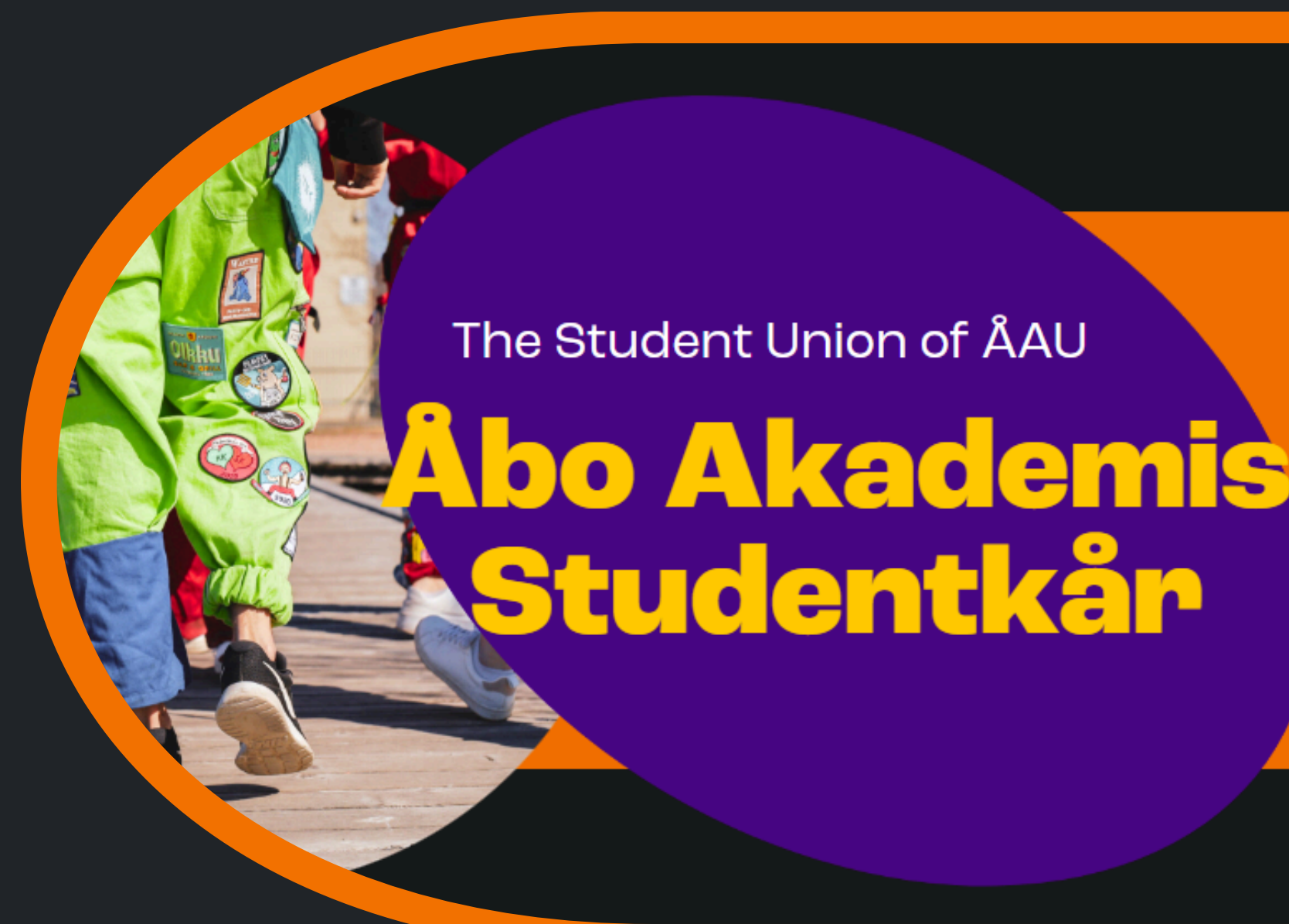




KEEP UPDATED

- Read the Newsletter - sent to the abo-e-mail every week!
- Information from the Student Union, associations and collaborators etc.

- Follow us on social media:
- Instagram: @aastudentkar
- Facebook: Åbo Akademis Studentkår - ÅAS
- More information and contact information can be found at:
 - www.studentkaren.fi



The Student Union of ÅAU

Åbo Akademis Studentkår

**QUESTIONS
OR ANYTHING
ELSE?**



**THANK
YOU!**

**FEEL FREE TO
CONTACT US!**



<https://studentkaren.fi/en/contact/contact-information/>