

WELCOME TO ÅBO AKADEMI UNIVERSITY



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Welcome & Introduction



- This week's schedule
- Fast facts about Finland & Åbo
- ÅAU
- Get to know each other pair/group discussion
- Registration with ÅAU
- Student union fee/student card
- Courses a UTU
- Registration with DVV
- Registration with Immigration services
- Wise & Revolut
- Healthcare
- Wifi
- Tutor presentation

ORIENTATION WEEK 2025, Exchange students

ASA-building Stora Auditoriet, Fänriksgatan 3B

Åbo Akademi University, ÅBO



	Thursday 2 January	Friday 3 January	Tuesday 7 January	Wednesday 8 January	Thursday 9 January
<p>ARRIVAL DAY</p> <p>Welcome to Finland and to ÅAU!</p>	<p>9.00-10.00 Welcome & Introduction Julia Fredman and Sara Joas</p> <p>10.00-10.15 BREAK</p> <p>10.15-11.00 Academic practices Julia Fredman and Sara Joas</p>	<p>9.00-9.30 Housing in Turku Marja Aapalahti</p> <p>09.30-09.45 Open University Rebecca Karlsson and Carina Gräsbäck</p> <p>09.50-10. 20 Language centre Charlotta Sandberg</p> <p>10.20-10.35 Break</p> <p>10.35-11.05 Library information Eva Höglund</p>	<p>09.00-10.00 Welcome to Finland Katie Fagerström (Zoom)</p> <p>10.05-10.45 Wellbeing in studies, student-life, and Finland Petra Lindblad</p> <p>10:50-11.05 Support for students from the University Chaplains Mia Pusa</p> <p>11:05-11.20 Break</p> <p>11.20-11.50 International House of Turku Jonathon Murphy</p>	<p>9.00-15.00 Visit Digital and Population Data Services Agency with your tutor Självständighetsplan 2</p>	
	LUNCH	LUNCH	LUNCH		
<p>Registration at the Student Service Desk in Gripen 9.00-12.00</p> <p>Bring with you: A valid ID A receipt of the paid Student Union fee</p>	<p>13:30-14.30 Information about Peppi registration for courses Julia Fredman and Sara Joas</p> <p>14.30-14.45 BREAK</p> <p>14:45- 15:15 ICT-Services Tomi Suovuo</p>	<p>12.15-12.45 Sports at ÅAU Outi Lindström</p> <p>12.45-13.15 Safe space and support in case of harassment Jan Kraufvelin</p> <p>13.15-13.30 Break</p> <p>13.30-13.50 Student Union</p> <p>13.55-14.15 ESN</p> <p>14.45 Information for students of Faculty of Social Sciences, Business and Economics, and Law ASAB121 Stansen</p>	<p>13.30-14.30 Questions and answers Julia Fredman and Sara Joas</p> <p>15.00-17.00 Bus tour of Åbo, history and current day Magni Mundi city guides Start outside the Arken building, Fabriksgatan 2 at 15.00</p>	<p>9.00-15.00 Visit Digital and Population Data Services Agency with your tutor Självständighetsplan 2</p>	

Fast Facts about Finland

- Independent Republic since 1917
- Population of 5.6 million
- EU Member since 1995
- Official languages: Finnish and Swedish
- Swedish-speaking minority of 5 percent
- Small Sami minority in the north
- Current President is Alexander Stubb; Prime Minister is Petteri Orpo
- About 75% of Finland's surface is covered with forests
- "The land of a thousand lakes"
- Rich archipelago
- 11 out of 12 lost wallets are returned to their owner
- Aims to be carbon neutral by 2035
- Happiest country



Turku and its surroundings

- Turku is the oldest city of Finland and was founded in 1229.
- About **200 000** residents
- More than **100** nationalities in the area.
- Every fourth person is either a student or professional in a HEI
- **40 000** higher education students
- Over **4000** international degree students or exchange students every year
- 2 universities, 4 universities of applied science

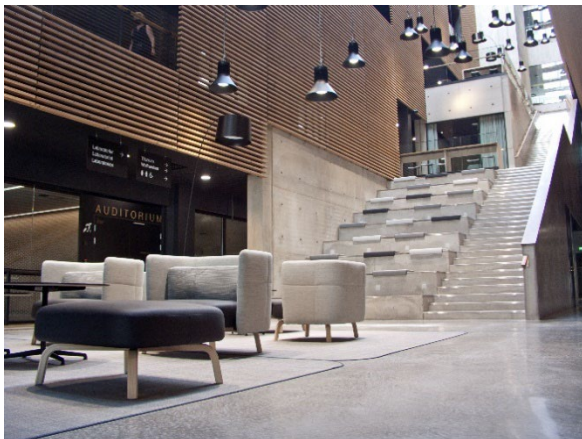


Åbo Akademi University

- Founded in 1918
- The only Swedish-language multidisciplinary university in Finland
- Two campuses – in Åbo (Fi: Turku) and Vasa (Fi: Vaasa)
- Approx. 5,900 students, of which approx. 1,500 in Vasa
- 1,200 employees; 700 working in education and research
- 1,700 scientific publications annually
- Rector – Professor Mikael Lindfelt

Our campuses

- Situated in the old parts of Åbo and by the waterside of Vasa
- Donated residential homes and old factory buildings, also modern buildings
- Academill in Vasa, an old renovated mill



University Structure



Faculty of Arts, Psychology and Theology, Åbo/Turku

Faculty of Education and Welfare Studies – in Vasa

Faculty of Social Sciences, Business, Economics
and Law, Åbo/Turku

– the Department of Political Science with
Mass Communication in Vasa

Faculty of Science and Engineering, Åbo/Turku

– the Department of Energy Technology in Vasa

Strategic Research Profiles





INTERNATIONAL UNIVERSITY



- In total 86 new exchange students for the spring semester
- 79 exchange students to our Åbo campus – 7 to Vasa
- 9 International [Master's programmes](#)
- 150 ÅAU students study abroad annually

MASTER'S PROGRAMMES



Åbo:

Information Technology

Biomedical Imaging

Governance of Digitalization

International Law and Human Rights

Sustainable Chemical and Process Engineering

Social Exclusion

Vasa:

Teaching and Learning

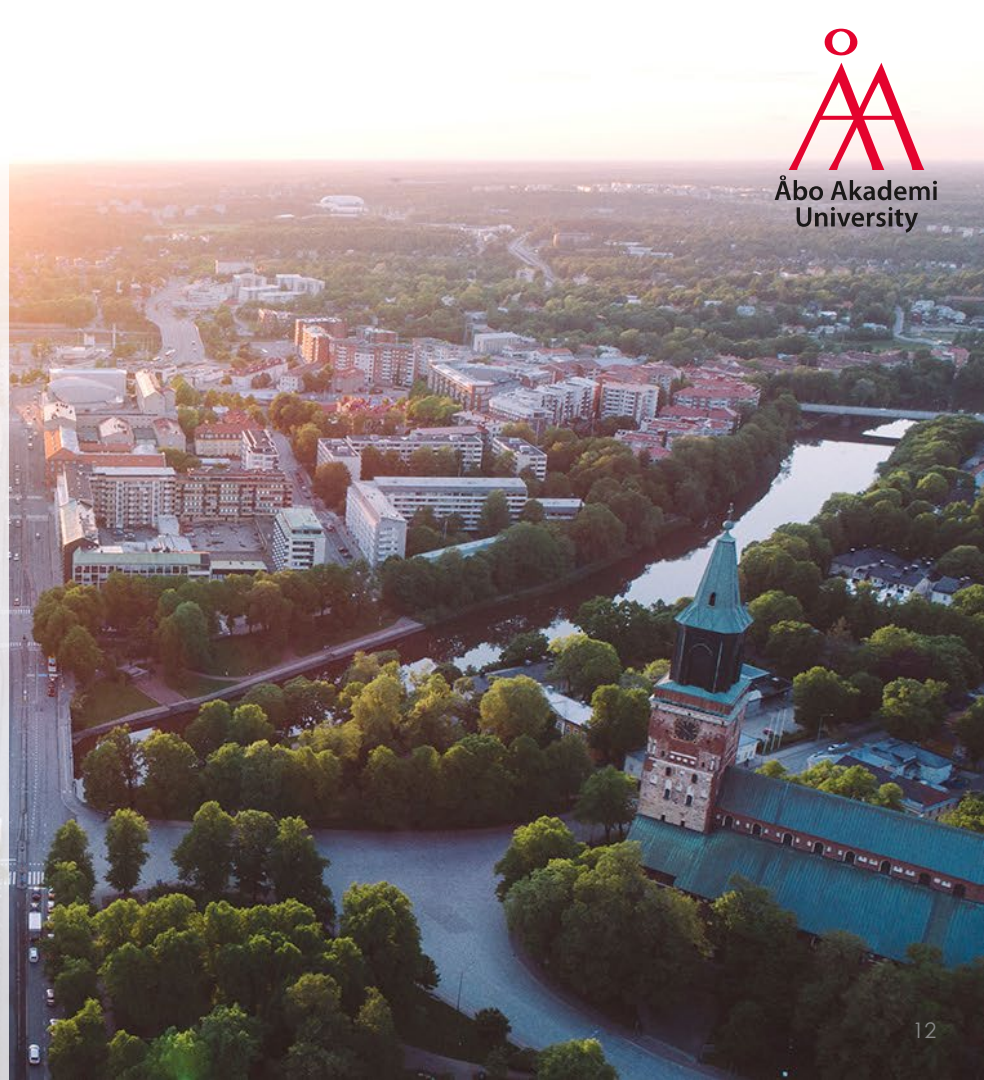
Advanced Practice Nursing

Peace, Mediation and Conflict Research



Student Life

- Active student union
- Over 60 student associations
- ESN Erasmus student network for exchange students
- Excursions, parties, language exchange, traditional student festivities



Get to know each other



- Who are you?
- Where do you come from?
- What do you study at home? What will you study here in Åbo?
- Plans for the future – How will you benefit from this experience in your future career?
- Common interests? What do you enjoy doing? Hobbies?

Registration at ÅAU

- Visit the Student Service Desk in Gripen, [Hämeenkatu 13, 20500 Turku](#).
Opening hours: Monday-Friday, 9:00-12:00

Bring:

- ID and proof that you have paid the Student Union fee (for example a screenshot of the bank transfer)

Receive:

- Computer username and password + ÅAU email address
- Welcome bag
- Key (from Facilities Management, after registration)

Note!

- Please **print out** and **fill in** any documents you need us to sign!



Paying the Student Union fee



- **69€** for the entire academic year
- **34,50€** for the spring semester
- [Payment details](#) in info package in your email
- Membership benefits!

Download the [Frank app](#) or the [Tuudo app](#) to get your electronic student card!



Courses at UTU

- ÅAU students are welcome to take [courses at the University of Turku](#)
- There are some restrictions; you cannot take courses at the Turku School of Economics and Business, and language courses are only possible if they have available seats (UTU students are prioritised.)
- **Maximum 50%** of the total amount of your credits can be from UTU; the rest must be from ÅAU.
- [Apply for the right to take courses at UTU](#) by filling in an online application form, (link and instructions in info package)
- Some courses at UTU do not require a separate application! These courses have the text "*Students at Åbo Akademi university enroll to the course via Åbo Akademi university's course enrollment.*" in the course description in the Study Guide. Enroll for these courses in the ÅAU study planning tool Peppi.



Other courses

Remember that you can also take courses at [UniPID](#), the [Open University](#) at ÅAU and the [Hilma network](#) for gender studies!

Registration with DVV

All exchange students must obtain a Finnish personal identity code

- Exception: most students with a **residence permit already have a Finnish ID code** on the backside of the residence permit card. A personal identity code is a number sequence with 11 characters, formed on the basis of one's date of birth and gender.
- The code is mandatory for our university systems

How to apply?

1. Register at Åbo Akademi
2. Complete an online application form (link in info package)
3. Visit DVV to prove your identity



Meeting with DVV

ÅAU exchange students need to visit DVV and prove their identity at the following booked times:

- **9 January** between 9-12 and 13-15

The address is [Itsenäisyydenaukio 2](#).

Remember to bring

- Passport/ID card
- Certificate of study ([download in Peppi](#))
- Complete Finnish address (rental agreement)
- Residence permit if you have one, or a certificate of your right of residence if you have submitted a mobility notification to the Finnish Immigration Service



Registration of an EU citizen's right of residence in Finland

EU citizens (except for Nordic citizens) need to **register their right of residence** with The Finnish Immigration Services (Migri)

- Complete **application** form and attach all required documents at the Enter Finland website <https://enterfinland.fi/eServices/info/europeancitizens>
- Select the **service point** where you need to go to prove your identity.
- What do you need to bring for?
 - ✓ National proof of identity or passport
 - ✓ Certificate of study from ÅAU ([download in Peppi](#))
- Registration costs 54 euros

International payments

- Students from within the EU often do not experience problems in making cross border transfers, while students from outside the EU often face problems trying to make cross border payments.
- We recommend students to use the following international payment providers:
 - **WISE**
 - **REVOLUT**
- Opening a bank account in Finland is hard and can take a long time.



 **wise**


Revolut

Healthcare during your exchange



EU Citizens

If you need to book an appointment to visit a health care professional you will need to show your **European Health Insurance Card**, so please make sure you bring the card with you and check that it is valid.

Start with calling Turku health stations appointment telephone: +358 2 266 1130, Mon-Fri 8:00–15:00 <https://www.varha.fi/en/about-varha/contact-information/important-phone-numbers-healthcare-and-social-welfare-services>

Non-EU Citizens

You should contact your **health insurance provider** that you organized insurance with for your stay in Finland. Your health insurance company will be able to give you more information on what private health care services you should contact in Finland for your needs.

WiFi and EDUROAM

- You can access our WiFi called Eduroam. Many universities use this, so you can try with our own credentials or then use your ÅAU username (the **short** version) and your password.
- **TYS Student Village:** You have wired internet ready in the apartments, you need to have RJ45 cable to use it. If you want to make the connection wireless, you need a wireless router. In addition, Aitiopaikka, Haliskylä, Iltakajo, Tyyssija, Student Village 3 A-D, Student Village 10A, Student Village 12A and Yo-talot also have the wireless Eduroam network as well.





FURTHER INFORMATION

- Information package spring 25 on email
- [Survival guide](#)
- ÅAU:s website for [accepted exchange students](#)
- [Green guide Åbo](#)



Information for accepted exchange students

Information for accepted students





INTERNATIONAL AFFAIRS at ÅAU



Julia Fredman, Åbo – Gripen

Sara Joas, Åbo – Gripen

Katie Fagerström, Vasa – Academill

exchange@abo.fi



QUESTIONS?

TUTORS!





Break 10-10:15