Vaasa FSHS unit www.fshs.fi

Oral health location: VAMK building, Wolffintie 30 (entrance from the back yard)

Mental health location (psychologist, psychiatrist): Alere building **Wolffintie 27-31** 4th floor

General health location (Public Health Nurse, doctor, psychiatric nurse) :

- For **University of Vaasa**, **VAMK** and **University of Helsinki** students VAMK building **Wolffintie 30** (entrance from the back yard)
- For **Novia**, **Åbo Academi**, **Hanken** students Alere building **Wolffintie 27-31** 4th floor

General health tel. 046 710 1097
Dental health tel. 046 710 1098
Mental health tel. 046 710 1097

Opening hours from Monday to Thursday 8.00-15.00 and Fridays 8.00-14.00. No emergency appointments. Always book appointment time in advance.

If you want to use FSHS services you should log into Self service. If you have any difficulties to log into Self service, please contact us via telephone.

Starting from January 2021 only degree students have been allowed to use FSHS services. Please, read more about this from our website. If you are exchange student you can read from down below where to contact if you need medical health care.

Here is information about YTHS services: https://www.yths.fi/en/services/student-healthcare-services/frequently-asked-questions/

Higher education students must pay the **healthcare fee to Kela** even if you don't use FSHS services. You will find information about who has to pay the fee and how to pay the fee from the link below.

https://www.kela.fi/web/en/healthcare-fee-for-students-in-higher-education

At the moment, all **upper respiratory symptoms** are treated in health centers or the emergency department.

You should not come to student health care if you have upper respiratory symptoms, even if you do not think you have **Covid 19**. Please contact private medical centers or Vaasa City's health centers if you need treatment for upper respiratory symptoms.

If you suspect that you have **coronavirus**, please contact your own health center during office hours. Outside of office hours, you should use the national **Medical Helpline number 116117.** Always contact by telephone first! You can read about coronavirus in the Vaasa region via the following link:

https://www.vaasankeskussairaala.fi/en/for-patients/ajankohtaista/coronavirus-covid-19/

Vaasa City Health Centers:

Kirkkopuistikko Health Center (if you live in Hietalahti or the city centre):

tel. 06 325 1666

Tammikaivo Health Center (if you live in Vöyrinkaupunki, Palosaari, Olympia):

tel. 06 325 1770

Gerby Health Center (if you live in Gerby, Vetokannas, Isolahti, Västervik):

tel. 06 325 1771

Ristinummi Health Center (if you live in Huutoniemi, Ristinummi, Vanha Vaasa):

06 325 1691

Private medical centers in Vaasa (specially if you use your travel insurance to visit a doctor):

Mehiläinen: tel. 010 41 400

Terveystalo: tel. 030 6000

Pihlajalinna: tel. 010 31 2010