



# ÅBO AKADEMIS STUDENTKÅR

THE STUDENT UNION OF ÅBO AKADEMI UNIVERSITY

# Follow us on social media for updates!



Åbo Akademis Studentkår  
@AAstudentkaren



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# Starting Package

- ▶ Contents: various must-have items, such as kitchen utensils (including cooking pot and can opener), blanket and pillow (no bed linens)
- ▶ To get the package you have to sign the **contract paper** and bring it to the starting package storage with a **receipt** showing that **starting package fee** (€70) has been paid (**€50 deposit** and €20 for loaning fee), plus a **receipt** showing that **student union membership fee** has been paid



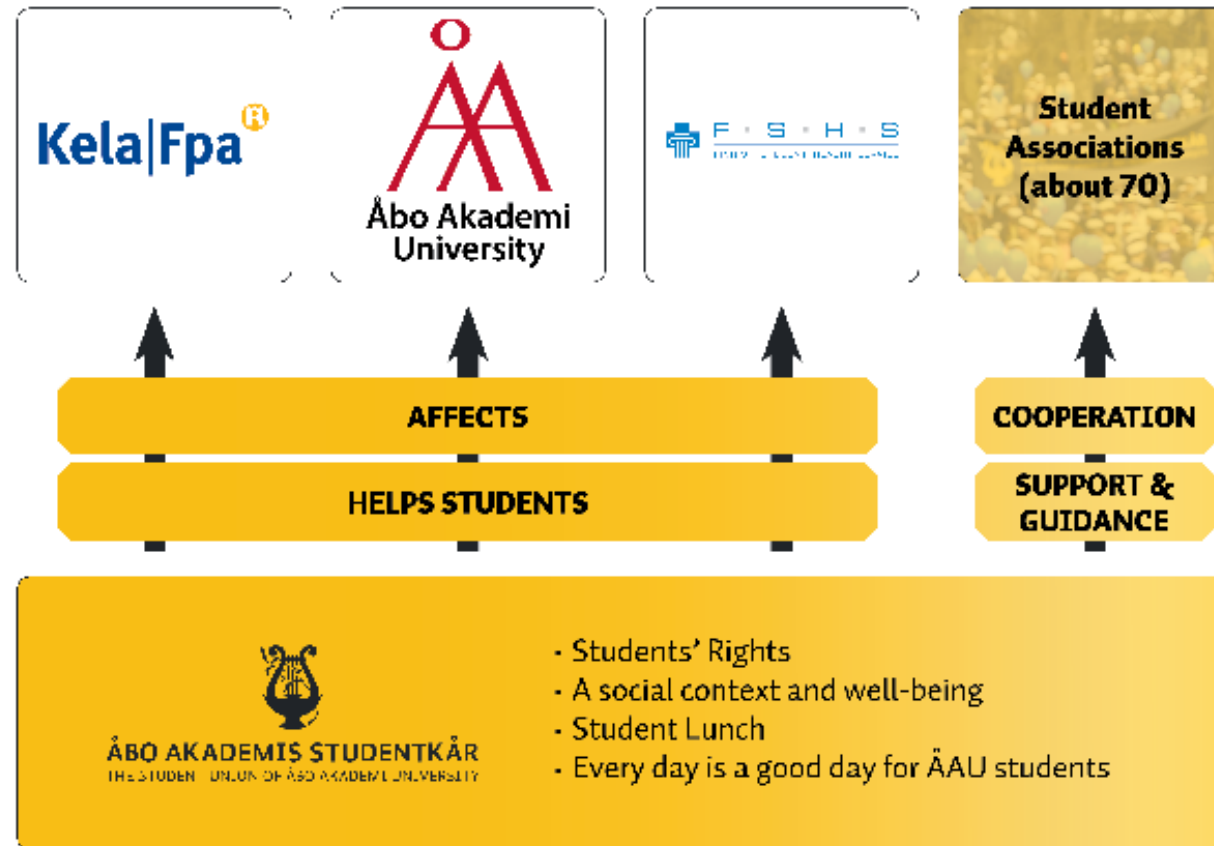
**STARTING PACKAGE TURKU**

*A service provided by TYY, ÅAS, TUAS and Novium*



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# The Student Union



# The Student Union

- ▶ The Student Union has about 5000 members located on two campuses in Åbo and Vasa
- ▶ The Student Union fee is 60,50 euro for one semester.
- ▶ It includes
  - Student Health Service (FSHS)
  - Starting Package
  - Student card – Frank = discounts!
  - Cheap student meals
  - Premises for student use in the Student Union building (including sauna)
  - Help when facing difficulties
  - Information Guide and weekly news letters
  - Social activities



# The Student Union fee

## STUDENT UNION FEE



Finnish Student  
Health Service (FSHS)

**57 €**

The Student Union of  
Åbo Akademi University (ÅAS)

**58,60 €**

National Union of  
University Students in Finland (SYL)

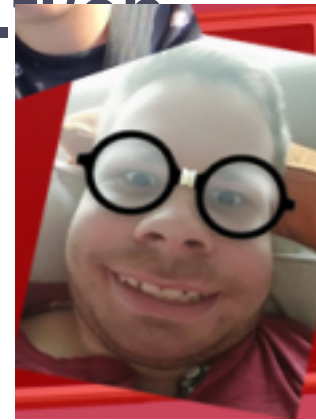
**5,40 €**



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# Frank – the Student Card

- ▶ To be eligible for the student card your student status needs to be active and you have to be a member of your local student union, options;
  - Download Frank App if you have a iOS or Android phone (requires a Student number OR a Finnish social security number plus phone number)
  - Order a plastic card without payment ability
  - Both require a **recognizable** digital photo!
- ▶ Everything is done online, see **frank.fi/en**
- ▶ **Keep the app updated!**



# Student Cafeteria



- ▶ The Student Union owns four student restaurants
  - Café Kåren
  - Café Gadolinia
  - Café Fänriken
  - Café Arken
- ▶ Normal price for student lunch 2,60 euro.
- ▶ Café Gadolinia is open longer <3 Late Lunch
- ▶ If you don't have a student card, you will get the lunch for student price by showing your receipt of paid Student Union fee + ID, only during January.
- ▶ **[www.studentlunch.fi](http://www.studentlunch.fi)**





# The Student Union office and premises

- ▶ The Student Union office is located on the third floor in the Kåren building on Tavastgatan 22
- ▶ The office is open daily between 12-15 o'clock
- ▶ One of the gyms included in CampusSport is located here
- ▶ Café Kåren serving student lunch
- ▶ Rooms available for meetings and gatherings
- ▶ Sauna
- ▶ Even a billiard table in the room called von Knorringska
- ▶ Foosball table by the main entrance



# The Student Union office and premises in Vasa

- ▶ The Student Union office is located on the 4th floor in Havtornen
- ▶ The office is open Monday, Tuesday, Thursday and Friday between 12-15 o'clock
- ▶ Rooms available for meetings and gatherings
- ▶ "Living room" and kitchen
- ▶ Sauna



# The Student Union Board in 2020

Matias Martelin  
Anders Mattson  
Tobias Ahlbäck  
Miika Alhopuro  
Amanda Björk  
Sara Hagman  
Julia Kortelainen

# The Student Union Staff



Secretary  
General  
Jasmin Öberg



Students Rights Expert Petra  
Lindblad



Communications Officer  
Lukas Söderqvist



Johanna Härus in  
Vasa

The Service  
Experts:



Markus Heikkilä in  
Åbo



# Contact persons for harassment

- ▶ If you feel you have been subjected to harassment please contact one of the Student Unions persons responsible for cases of harassment:
- ▶ Ms. Petra Lindblad ([petra@studentkaren.fi](mailto:petra@studentkaren.fi))
- ▶ Mr. Markus Heikkilä ([kansli@studentkaren.fi](mailto:kansli@studentkaren.fi))
- ▶ You can also contact them via [harassment@studentkaren.fi](mailto:harassment@studentkaren.fi).
- ▶ Any discussions with them are confidential and you can talk to them freely about any issues. It is their duty to help you by listening and taking necessary action.



# Information and where to find it

- ▶ [www.studentkaren.fi/en](http://www.studentkaren.fi/en)
- ▶ We will make sure that the right person get's your e-mail and reply to all questions we get!
- ▶ Weekly news letter to your personal @abo.fi –adress every Monday
- ▶ Facebook – AASStudentkar
- ▶ Instagram – @AASStudentkar
- ▶ Twitter – @AASStudentkar
- ▶ Information Guide



# How can you participate?

- ▶ The international committee is a forum for students who want to discuss everyday matters at ÅAU.
- ▶ You study here a few months but your opinions and activity can make a difference.
- ▶ Dates and times for meetings will be decided later, check our newsletter and social media for updates!

# Overalls, badges, associations



[www.studentkaren.fi/en/student-associations](http://www.studentkaren.fi/en/student-associations)

1/3/2020



Thank  
you for  
your  
attention!

