

# Menu 37

7/9/2026-13/9/2026

## Monday

Sauce Bolognaise (\*, A, G, L, M, VS) Organic whole grain pasta (\*, A, ILM, L, M, Veg)  
Quorn in tomato sauce (\*, A, ILM, L, M, VS) Organic whole grain pasta (\*, A, ILM, L, M, Veg)

## Tuesday

Creamy chicken and potato casserole (\*, A, G, L)  
Creamy vegetable casserole (\*, A, G, ILM, L)

## Wednesday

Halloumi and vegetable stew (\*, A, G, L, ILM) Barley (\*, A, ILM, L, M, Veg)

## Thursday

Traditional meat and vegetable soup (\*, A, G, L, M)  
Lentil and vegetable sauce (\*, G, ILM, L, M, Veg)

## Friday

Funny fish pieces (A, L, M, VS) Potatoes (\*, G, ILM, L, M, Veg) Remoulade sauce (A, G, L, M)  
Mexican vegetable patties (G, L, M, Veg) Potatoes (\*, G, ILM, L, M, Veg) Remoulade sauce (A, G, L, M)

## Enjoy your meal!

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|      |                   |                                               |              |                  |                       |     |           |
|------|-------------------|-----------------------------------------------|--------------|------------------|-----------------------|-----|-----------|
| VL = | Low in lactose    | L =                                           | Lactose-free | G =              | Gluten-free           | M = | Milk-free |
| A =  | Contains allergen | Veg =                                         | Vegan food   | VS =             | Contains fresh garlic |     |           |
| *    | =                 | Comply with Finnish nutrition recommendations | ILM =        | Climate-friendly |                       |     |           |