

Menu 18

27/4/2026-3/5/2026

Monday

Rainbow trout casserole (*, A, G, ILM, L)

Greek vegetable casserole (*, A, G, ILM, L)

Tuesday

Beef in dill sauce (A, G, L) Potatoes (*, G, ILM, L, M, Veg)

Root vegetable casserole with lentils (*, G, ILM, L, M, Veg)

Wednesday

Carrot crêpes (A, L) Lingonberry jam (G, L, M, Veg) Potatoes (*, G, ILM, L, M, Veg)

Thursday

Frankfurters (A, G, L, M) Potato salad (A, G, L, M, Veg) Doughnut (A, L)

Carrot patties (A, G, ILM, L, M) Potato salad (A, G, L, M, Veg) Doughnut (A, L)

Friday

First of May

Enjoy your meal!

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VL = Low in lactose L = Lactose-free G = Gluten-free M = Milk-free

A = Contains allergen Veg = Vegan food VS = Contains fresh garlic

* = Comply with Finnish nutrition recommendations ILM = Climate-friendly