

# Menu 16

13/4/2026-19/4/2026

## Monday

Italy



Smoked rainbow trout and cheese sauce (\*, A, ILM, L) Pasta (A, ILM, L, M, Veg) Zucchini and broccoli (\*, Tomato and bell pepper stew (\*, A, G, ILM, L, VS) Pasta (A, ILM, L, M, Veg)

## Tuesday

France



Burgundy casserole (\*, A, G, L, M, VS) Roasted potatoes (\*, G, ILM, L, M, Veg)  
Vegetable Burgundy with soy (\*, A, ILM, L, VS) Roasted potatoes (\*, G, ILM, L, M, Veg)

## Wednesday

Sweden



Meatballs (A, L, M) Brown sauce (\*, A, L) Lingonberry jam (A, G, L, M, Veg) Mashed potatoes (\*, A, G, ILM,  
Rootvegetable rissoles (\*, A, G, ILM, L, M) Lingonberry jam (A, G, L, M, Veg) Mashed potatoes (\*, A, G,

## Thursday

Turkey



Soy filling (A, L, M, Veg, VS) Pitabread (A, L, M, Veg) Rice and domestic oats (\*, A, G, L, M, Veg) Koriander  
and mint yoghurt (A, G, ILM, L)

## Friday

Spain



Chorizo and potatoe bake (G, L, M, VS)  
Vegetable and potato bake (\*, A, ILM, L, Veg)

## Smaklig måltid!

Amica  
Delica  
Kyrkoesplanaden 11 - 13  
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VL = Laktosfattig      L = Laktosfri      G = Glutenfri      M = Mjölkfri  
A = Contains allergen      Veg = Vegan food      VS = Contains fresh garlic  
\* = Comply with Finnish nutrition recommendations      ILM = Climate-friendly