

Menu 15

6/4/2026-12/4/2026

Monday

Easter

Tuesday

Spinach crêpes (A, L) Lingonberry jam (G, L, M, Veg) Boiled potatoes (*, A, G, ILM, L, M, Veg)
Egg sauce (*, A, G, L)

Wednesday

Meatballs (A, L, M) Black pepper sauce (*, A, ILM, L) Potatoes (*, G, ILM, L, M, Veg)
Beetroot croquettes (G, L, M, Veg) Tzatsiki yoghurt (*, A, G, ILM, L, VS) Potatoes (*, G, ILM, L, M, Veg)

Thursday

Rainbow trout soup (*, A, G, ILM, L)
Spinach soup (*, A, ILM, L)

Friday

Butter Chicken (*, A, G, ILM, L) Barley(*, A, ILM, L, M, Veg)
Butter Mifu (*, A, ILM, L, VS) Barley (*, A, ILM, L, M, Veg)

Enjoy your meal!

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VL = Low in lactose L = Lactose-free G = Gluten-free M = Milk-free

A = Contains allergen Veg = Vegan food VS = Contains fresh garlic

* = Comply with Finnish nutrition recommendations ILM = Climate-friendly