

Menu 16

15/4/2024-21/4/2024

Monday

Butter Chicken (*, A, G, L) Whole grain rice (*, G, L, M, Veg)
Butter Mifu (*, A, ILM, L, VS) Whole grain rice (*, G, L, M, Veg)

Tuesday

Fish soup (*, A, G, ILM, L)
Pureed tomato and potato soup (*, A, G, ILM, L, M, Veg, VS)

Wednesday

Meatballs (A, L, M) Brown sauce (A, ILM, L) Boiled potatoes (*, G, ILM, L, M, Veg)
Vegetable croquettes (*, G, L, M, Veg, VS) Tomato salsa (*, A, G, ILM, L, M, Veg)

Thursday

Chicken risotto (*, A, G, L, M)
Vegetable risotto with mediterranean cheese (*, A, G, L, VS)

Friday

Vöner lasagnette (*, A, ILM, L, M, Veg, VS)

Enjoy your meal!

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VL = Low in lactose L = Lactose-free G = Gluten-free M = Milk-free
A = Contains allergen Veg = Vegan food VS = Contains fresh garlic
* = Comply with Finnish nutrition recommendations ILM = Climate-friendly