

Meny 16

15/4/2024-21/4/2024

Måndag

Butter Chicken (*, A, G, L) Fullkornsris (*, G, L, M, Veg)
Butter Mifu (*, A, ILM, L, VS) Fullkornsris (*, G, L, M, Veg)

Tisdag

Fisksoppa (*, A, G, ILM, L)
Tomat- potatispurésoppa (*, A, G, ILM, L, M, Veg, VS)

Onsdag

Köttbullar (A, L, M) Brunsås (A, ILM, L) Kokt potatis (*, G, ILM, L, M, Veg)
Grönsakskroetter (*, G, L, M, Veg, VS) Tomatsalsa (*, A, G, ILM, L, M, Veg) Kokt potatis (*, G, ILM, L, M,

Torsdag

Kycklingrisotto (*, A, G, L, M)
Grönsaksrisotto med medelhavets ost (*, A, G, L, VS)

Fredag

Vöner-lasagnette (*, A, ILM, L, M, Veg, VS)

Smaklig måltid!

Amica
Vasa övningsskola Gymnasiet
Skolhusgatan 31
65100 VASA
+358404811266

ovningsskola.gymnasiet@compass-group.fi

VL = Laktosfattig L = Laktosfri G = Glutenfri M = Mjölkfri
A = Contains allergen Veg = Vegan food VS = Contains fresh garlic
* = Comply with Finnish nutrition recommendations ILM = Climate-friendly