

Menu 22

29/5/2023-4/6/2023

Monday

Kycklingsås med ost (*, A, G, L) Kokt potatis (*, G, ILM, L, M, Veg)

Italiensk soja-grönsakssås (A, ILM, L) Kokt potatis (*, G, ILM, L, M, Veg)

Tuesday

Pyttipanna (G, L, M)

Grönsakspyttipanna (*, A, ILM, L, M, Veg)

Wednesday

Grönsaksbolognese (*, A, G, ILM, L, M, Veg) Fullkornsekospagetti (*, A, ILM, L, M, Veg)

Thursday

Fisksoppa (*, A, G, ILM, L)

Linspurésoppa (*, A, G, ILM, L, VS)

Friday

Skink-ananaspizza (A, L, VS)

Vegetarisk pizza (A, L, VS)

Enjoy your meal!

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VL = Low in lactose L = Lactose-free G = Gluten-free M = Milk-free

A = Contains allergen Veg = Vegan food VS = Contains fresh garlic

* = Comply with Finnish nutrition recommendations ILM = Climate-friendly