Abstract

Trust is an inner strength in conversation
The Midwife's viewpoint of fear of childbirth

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A qualitative study of the midwife's viewpoint of fear of childbirth. The study follows the theoretical sources from the work of Eriksson with the base in the caring tradition developed at Åbo Akademi, university, Caring Science, Department of Social Sciences. In the profession as a Midwife and especially at the special polyclinic for mothers with fear of childbirth, one confronts fear of childbirth and pregnancy. The midwife converses with these women to help them manage the fear. This study focuses on the conversation and the purpose is to give a higher understanding of trust in the conversation as a way to better understand the patient's world. The questions of the study are 1) What are the characteristics of trust in the conversation when there is fear of childbirth? 2) How do midwives describe trust in the conversation when there is fear of childbirth? The methodology of the study has a hermeneutic endeavour and follows good scientific ethics and practices. Focus group interviews with midwives working in the polyclinic for fear of childbirth were used as the method of data collecting for this study. Ödman's method was used to edit and analyse the interviews. The result of the study points out that trust is an inner strength, it arises from the approach in time and room and with a common will towards the same purpose where the human being is fundamentally holy. It constitutes sacrifice, encourages and presents fundamental communion as it strives to harmony with itself, humanity and the environment. The trust was structured out of patient - nurse - and the environment. The patient structures by the ability to feel, to be, to see and to act. From the nurses' point of view, it is to be, to respond, to listen, to act, to visible and to give. The caring environment structures by esthetics, etics and that the patient is fundamentally holy. These three elements form a fundamental interaction fundamentally but above all they increase the patients welfare. The knowledge of trust in the conversation gives the midwives comprehension of the patients world and gives a fundamental communion and enables seeing the patient as holy.